

While You Wait

Belazu Mixed Olives (ve, gf) 261 kcal 6.95	Grilled Sourdough & Focaccia (v)	Rosemary & Honey Roasted Nuts (v, gf) 4.95 (N, may also contain P, SE) 452 kcal		
Starters				
Soup of the Day grilled sourdough & butter (ask for allergens & calories) Brixham Crab Rillette (gfo) tomato salsa, pickled cucumber, fennel, radish, lime & coriander mayonnaise, focaccia crisp (G, C, S, D, SD, may also contain L, E, CE, SE) 322 kcal	Isle of Wight Tomato Carpaccio (v, veo, gf)	Moroccan Spiced Pressed Lamb 8.95 chermoula, spiced dukkha, roasted carrot, smoked rapeseed oil (N, CE, E, SD, may also contain G, SE, S, E, MU, P) 437 kcal English Asparagus (ve) 9.25 pickled cucumber, grape, ajoblanco, toasted almonds (N, SD, may also contain G, L, P, SE, S, CE) 431 kcal		
To Share				
Suffolk Charcuterie & Local Cheeses smoked venison, Tunworth, Rosary goat's cheese, Isle of Wight blue pickles, chutney, grilled bread (<i>G, D, SD may also contain SE, S, N</i>) 1050 kcal		e crayfish, fried squid rings, tartare sauce, rilled bread (G, C, MO, MU, E, D, CE, SD may also contain SE, N, F) 1175 kcal		
Seasonal Mains				
Coronation Chicken Leg 18.50 date purée, toasted almond, pickled golden raisins,	Seared Cod & Crab 26.50 seaweed baked potato, creamed leeks,			
tenderstem broccoli, fondant potato (N, D, CE, MU, SD, may also contain P, S, SE, G) 932 kcal	lime & coriander hollandaise (C, F, E, D, SD, MU, may also contain MO) 1008 kcal	Fish & Chips 15.50 / 18.95 Flacks Manor batter, mushy peas, tartare sauce, lemon (G, F, E, D, SD, may also contain S, CE) 867 kcal/932 kcal		
	lime & coriander hollandaise	Flacks Manor batter, mushy peas, tartare sauce, lemon		

Sides

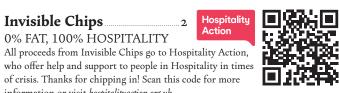
Skinny Fries (ve) (SD) 375 kcal	4.95
Hand Cut Chips (ve) (SD) 167 kcal add Old Winchester cheese & truffle oil (v) (D, may also contain E) 192 kcal 1.80	4.95
Sautéed New Potatoes (v)cavolo nero, chilli, cheese (D, may also contain E) 402 kcal	4.95

Chantenay Carrots (v, veo)	4.50 D) 379 kcal
Tenderstem Broccoli (v, veo)confit garlic, lemon (D, SD) 525 kcal	5.95
Mixed Leaf & Quinoa Salad (ve, gf)sundried tomatoes, house dressing (CE, MU, SD) 304 kcal	4.45

Invisible Chips 0% FAT, 100% HOSPITALITY All proceeds from Invisible Chips go to Hospitality Action,

of crisis. Thanks for chipping in! Scan this code for more

information or visit hospitalityaction.org.uk



If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.



Children Eat Free on Sundays

Get one free children's three-course meal from our Children's Menu when you purchase a full priced adult main course.

Drinks not included. Dishes and offer subject to availability. Offer only available for children aged 12 and under.

Afternoon Tea

Join us every day between 2.30pm and 5pm for our sumptuous Afternoon Tea. Enjoy a selection of finger sandwiches and sweet treats with unlimited tea or coffee.

Why not add a glass of fizz and make it extra special?

Afternoon Teas must be pre-booked

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