

While You Wait

Belazu Mixed Olives (ve, gf) 261 kcal..... 6.95	Grilled Sourdough & Focaccia (v)..... 6.95 butter, oils, balsamic (G, D, SD, may also contain SE, S, E, N) 785 kcal	Rosemary & Honey Roasted Nuts (v, gf)..... 4.95 (N, may also contain P, SE) 452 kcal
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Starters

Soup of the Day 7.95 grilled sourdough & butter (ask for allergens & calories)	Isle of Wight Tomato Carpaccio (v, veo, gf)..... 8.25 crispy basil, pine nuts, Rosary goat's cheese, red onion, wild garlic (D, SD, N) 347 kcal
Brixham Crab Rilette (gfo)..... 11.50 tomato salsa, pickled cucumber, fennel, radish, lime & coriander mayonnaise, focaccia crisp (G, C, S, D, SD, may also contain L, E, CE, SE) 322 kcal	English Asparagus (ve)..... 9.25 pickled cucumber, grape, ajoblanco, toasted almonds (N, SD, may also contain G, L, P, SE, S, CE) 431 kcal

To Share

Suffolk Charcuterie & Local Cheeses 29 smoked venison, Tunworth, Rosary goat's cheese, Isle of Wight blue, pickles, chutney, grilled bread (G, D, SD may also contain SE, S, N) 1050 kcal	Seafood Sharing Board 26 Brixham crab rilette, Mary Rose crayfish, fried squid rings, tartare sauce, lime & coriander mayonnaise, grilled bread (G, C, MO, MU, E, D, CE, SD may also contain SE, N, F) 1175 kcal
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Sunday Best

All served with Yorkshire pudding, carrot purée, roast potatoes, cauliflower cheese, thyme & rosemary roasted roots, savoy cabbage, gravy

West Country Beef Striploin 21.95 (G, E, D, CE, MU, SD may also contain S) 1094 kcal	Mixed Nut & Cranberry Roast (v)..... 16.95 (G, N, E, D, CE, MU, SD, may also contain S, SE, P) 1492 kcal
South Coast Leg of Lamb 20.50 (G, E, D, CE, MU, SD may also contain S) 781 kcal	Small Roast 13.50 (ask for allergens and calories)
Thyme Roasted Chicken Supreme 18.45 (G, E, D, CE, MU, SD may also contain S) 840 kcal	

Seasonal Mains

Freshwater Crayfish & Avocado Salad (gf)..... 15.50 gem lettuce, cherry tomatoes, apple, radish, Mary Rose sauce (C, E, CE, may also contain L) 465 kcal	Fish & Chips 15.50 / 18.95 Flacks Manor batter, mushy peas, tartare sauce, lemon (G, F, E, D, SD, may also contain S, CE) 867 kcal / 932 kcal
Vegan Feta & Quinoa Salad (ve, gf)..... 14.80 mixed leaves, pomegranate, edamame, peas, seeds & lemon dressing (CE, MU, SD, SE, S) 671 kcal	Minced Steak Beef Burger 16.95 brioche, Dijon mustard & truffle mayonnaise, tomato, gem lettuce, gherkin, fries, salad (G, E, MU, SD, may also contain F) 1235 kcal add bacon 213 kcal 1.50, add Cheddar cheese (D) 165 kcal 1.50

Sides

Skinny Fries (ve) (SD) 375 kcal..... 4.95	Chantenay Carrots (v, veo)..... 4.50 confit garlic, sweet mustard & tarragon glaze (D, MU, SD) 379 kcal
Hand Cut Chips (ve) (SD) 167 kcal..... 4.95 add Old Winchester cheese & truffle oil (v) (D, may also contain E) 192 kcal 1.80	Tenderstem Broccoli (v, veo)..... 5.95 confit garlic, lemon (D, SD) 525 kcal
Sautéed New Potatoes (v)..... 4.95 cavolo nero, chilli, cheese (D, may also contain E) 402 kcal	Mixed Leaf & Quinoa Salad (ve, gf)..... 4.45 sundried tomatoes, house dressing (CE, MU, SD) 304 kcal

Invisible Chips..... 2

0% FAT, 100% HOSPITALITY

All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Thanks for chipping in! Scan this code for more information or visit hospitalityaction.org.uk

Hospitality Action

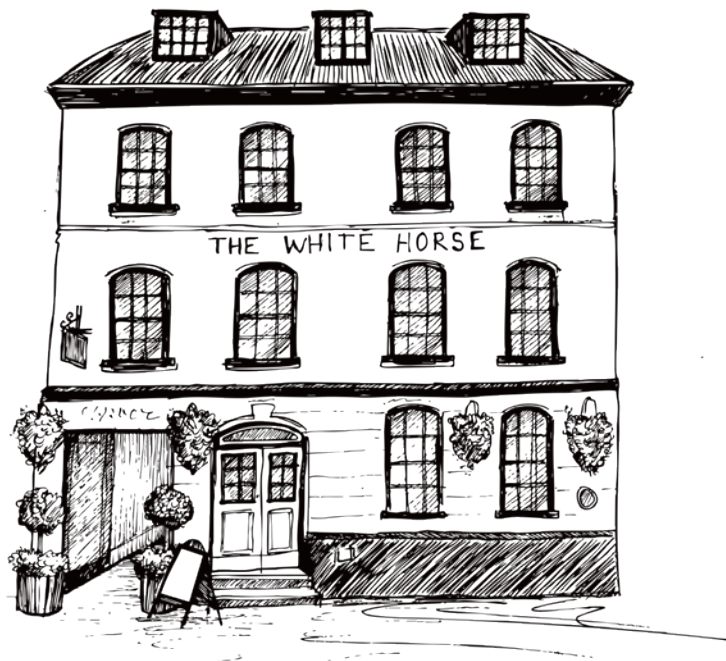


If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

V (VO): Vegetarian (on request) VE (VEO): Vegan (on request) GF (GFO): Gluten-Free (on request)

C: Crustaceans • CE: Celery • D: Dairy • E: Eggs • F: Fish • P: Peanuts • G: Gluten • L: Lupin • N: Nuts • MO: Molluscs • MU: Mustard • S: Soya • SD: Sulphur dioxide • SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



Children Eat Free on Sundays

Get one free children's three-course meal from our Children's Menu when you purchase a full priced adult main course.

Drinks not included. Dishes and offer subject to availability. Offer only available for children aged 12 and under.

Afternoon Tea

Join us every day between 2.30pm and 5pm for our sumptuous Afternoon Tea. Enjoy a selection of finger sandwiches and sweet treats with unlimited tea or coffee.

Why not add a glass of fizz and make it extra special?

Afternoon Teas must be pre-booked.

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